

Community Support Groups Royal Burgh of Inverbervie

Group	Offering	Contact/Link
Bervie Church	Picking up shopping, collecting prescriptions, delivering books/dvds/etc, a friendly phone call, pastoral support, praying	Andrew - 07720 275028 Ken - 07777 686116 Facebook - <u>Click here</u>
What's On Inverbervie	Facebook Network for information	Click here
Bervie Pantry	Food pantry 75 King Street, Inverbervie See Facebook for opening times	Click here
Inverbervie Community Response	Group page to organise community response to self-isolating residents of Inverbervie and the surrounding areas. In order to help minimise the impact and decrease the spread of the virus, this page can serve as a hub for willing members of the community to offer vital services. This can include: - Picking up shopping (doorstep drop-offs) - Basic errands (prescription collections, post office etc.) - A friendly phone call to check in - Other services as required.	Click Here

Mearns and Coastal Healthy Living Network Have extended their coverage to the whole of K&M	 Transport to healthcare appointments Home Delivery shopping service Prescription deliveries Post Office collections and drop-offs Friendly Call telephone service Grass cutting and garden maintenance Signposting and Information sharing. 	Click here
Kincardine and	We are an established befriending service over Kincardine,	Liz Treasure –
Deeside	Mearns and Deeside continuing to support older people	Senior Coordinator
Befriending	(over 55yrs) living at home who are experiencing social	liz.treasure@kdbefriending.org.uk
	isolation and loneliness. At the moment we are offering	07547 700 687 or
	regular telephone befriending calls from our volunteer	info@kdbefriending.org.uk
	befrienders to offer conversation and connection for older	
	people feeling isolated.	

What a fantastic response from our communities. We are proud to be part of Kincardine and Mearns.Remember, help can also be accessed through the Grampian COVID19 Assistance Hub http://www.gcah.org.uk/ or phone 0808 196 3384

KDP are unable to quality assure the activities listed so we remind you to take reasonable precautions when seeking assistance; for example, do not give anyone your payment card and PIN number or give cash to someone you do not know and trust without receiving goods. Stay safe